

Dying Into Life Training

Friday, December 17, 2021

Sat Nam

There are 7 things addressed in this communication. 1 – The schedule (dates) of the Tuesday classes, 2 – A recap of the requirements of the course, 3- How you have agreed to pay, 4 – Need for Zoom Masters, 5 - How to obtain the online book of Dying Into Life, Second Addition, 6 – Confirmation of personal information, 7 – Signature

1 – Schedule

January – 11, 25; February – 1, 15; March – 1, 15, 29; April – 12, 26; May – 10, 24, 31; June 7 May has 3 classes, so we can be finished the beginning of June.

2 – Requirements of the Course

- **Tuesday Classes** - Attend the Tuesday classes every other week (9-1:00 US MT). Make it a priority in your life to attend. There will be a recording of each lecture only (not the interactive breakout group work). You can listen to the recordings to go deeper into the lecture and to catch up if you have an emergency and absolutely cannot come to the class. If you are going out of town, I encourage you to either bring your laptop or borrow a computer where you are going, so you can come to class wherever you are.
- **Read the book** – It is best if you read the whole book. It will help you tremendously if you especially read the information that is being presented in the Tuesday class ahead of time.
- **Practice Exercises** – You will have Practice Exercises assigned every week. They are designed to help you go deeper into the topics and experience. They are experiential in nature. There will not be any written tests in this training.
- **Support Group** – Each of you will be in a Support Group of 3-4 participants. The purpose of this group is to support one another other going through the training. You can discuss the topics of the week, kriyas, meditations and your experiences doing them. This course is an opportunity to clear out a lot of your karmic baggage and to prepare for death. You don't have to go through it alone. All of us in the course will be there to support you, especially your Support Group. You will receive the names of the people in your support group as soon as this form and a payment is received back from them.
- **Communication guidelines for the course** – a. Maintain confidentiality. What happens in the course, stays there. b. Speak for yourself only. c. Speak honestly and authentically from the heart.
- **Pilot Program** – Since this is the first Dying Into Life Training, you will be looked to for ideas and suggestions of how to make the training better for subsequent trainings. Each of you are coming to this course with unique talents and experiences. You will be asked to share them. Besides the amazing teachings we will be exploring together, what is going to make this training exception is YOU.

- **Mentoring** – As you have the goal to share these teachings in some way, I will be working personally with you and together we will decide when you are ready for that blessed mission. You will also be asked to help with a subsequent training to refine your skills of teaching these materials and of working with people dealing with death and loss.

3. **Payment of \$1000** – As of our interview, you agreed to 3 payment, which comes to \$334 each.

4. **Zoom Masters** – The person who was going to be our Zoom Master didn't work out. Another participant was going to do it as a trade. She is now unable to attend the Tuesday classes. So, we are looking for someone who is skilled in being our Zoom Master/s. One other person is willing but doesn't have all the skills we need. Skills needed - Hold the zoom space during the Tuesday classes, which includes knowledge of: Setting up a zoom link, using Breakout Rooms, recording the lectures, other things not thought of yet, an aptitude for "techi" things. Some training may be available. There can be a team of 2-3 people, so not one person has to hold this zoom space every week. You will receive a discount in your course fee, depending upon how many people do it. Please contact me at - jivanjotikaur@gmail.com if you would like to offer this service and receive a discount.

5. **Receiving the online book** – Once you have made your payment and signed this form, you will receive the link for the book.

6. **Personal Information** - Please confirm the following personal information:

MST

7. **Signature** – If you agree to the course requirements and the personal information is correct, please sign this form here

_____ Date _____

Please either print this form and mail to me at JivanJoti Khalsa PO Box 845 Santa Cruz, New Mexico 87567 or send it back via email to jivanjotikaur@gmail.com.

Welcome to Dying Into Life Training 20222,_____. Looking forward to working with you.

Humbly, JivanJoti Kaur